

2nd Annual Oregon Arts Education Congress Teambuilding Activity

Title of Activity
YES

Facilitator Name
Stan Foote

Introduction: *2 -3 sentence overview of activity*

Ideal group size for this activity
8 to 30

Age Range/Appropriateness
5 to 100 years

1-3 Learning Outcomes *What will participants gain from the activity?*
Saying yes to offers
Focus and concentration
Action and reaction

Materials needed: *if any*
None

Procedure:

1. All stand in a circle
2. First participant (p1) gives a focused energetic look at another person (p2) in the circle.
3. P2 says YES giving p1 permission to move to p2's space in the circle
3. P2 must give a focused energetic look to another person (p3) to get permission to move into their space before p1 occupies p2's space.
4. Repeat.

I will start the exercise having participants say their name as apposed to YES to encourage the group to get to know each other on a first name basis.

Opportunities to expand/follow-up questions: *if any*

Notes from the facilitator: *pitfalls to avoid, things to think about, lessons learned, etc. if any*